

Scaife Scholarship

Alumni Association Inc. Newsletter

December 2019



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President's Message

Dear Alumni,

I wish you all a most excellent end to the year, and I hope the new decade matches opportunities to your preparations. Thank you members of the Alumni Association for helping our fifth year undergraduates and graduate students with the financial burden of these endeavors. As an alumna of the fifth year scholarship myself, I want to reiterate my gratitude for your generosity and support.

This year, we are trying something new and including the current student body in the recipient's list of our newsletter. In meeting with several students over the past two months, I've learned of a common desire for more community within the organization. And frankly, I agree, especially when reflecting on my time as a student. Despite the large group of us that carpooled to the banquets year after year, I barely knew any of them by the end of my undergraduate tenure. I was fortunate enough to meet and get to know two, the result of which was an introduction to my first professional role as well as a long term friendship that continues to alter my world view for the better. As an advisor and the President of the Alumni Association, I've been further fortunate to get to know more of our organization. And I've only found interesting and admirable people—a toast to the trustees for their scholarship selection criteria; but also, y'all are awesome. For example, take Amy Wise,

a senior at UC Berkeley this year who studied the effects of individualized music on persons with Alzheimer's. I am grateful not only for her research but for her to be able to share part of that story in this newsletter. I'd like us to share and celebrate the interesting things we as students and alumni are contributing to this world. As a result, I think we'll find interested persons, engender peer mentorship, and get to know each other more. Toward those ends, we'll be organizing another alumni event this Spring, so please join our LinkedIn group or ensure you're on our mailing list to be invited.

Toward supporting our fifth year and graduate students, I ask the alumni that if they are capable and willing to consider a donation so that we may pass it onto those students. And if you are a fifth year student or prospective graduate student in need, please do not hesitate to apply for aid. If anyone is interested in becoming an advisor or getting more involved in the association, please do not hesitate to reach out. We regularly recommend alumni as new advisors.

Finally, thank you current students for inadvertently mentoring your advisors as much as you do, and for being an inspiration to me.

Best Wishes,

Caleb Holtzinger

Trustee of the Year — David Arp



The 2019 Trustee of the Year Award was presented in October at the NCSF Banquet at the Round Hill Country Club. Every year, this recognition goes to an NCSF Trustee who has been recognized as devoting themselves in an outstanding way to the service of our

scholarship recipients as a mentor and role model. This year's recipient was David Arp. Dave became a trustee of the Northern California Scholarship Foundation in 2008. Since that time, he has advised 28 NCSF students. He has also been a past president of the NCSF.

Dave is a retired Oakland policeman. He is also a member of the Scottish Rite but inactive at the present time. Inactivity is not really a term that defines Dave. He is cur-

rently serving as a United States Marshal. As if law enforcement wasn't challenging enough, Dave recently created a property management company. He has served as a Master of his Masonic Lodge four times in the past and has been active in the Shrine. He is also a pilot of both fixed and rotary wing aircraft.

If you are one of Dave's many advisees, please send him out a congratulatory email or letter!

Dallas Cason & the Dallas Cason Award

Dallas Cason is a person we should all strive to be. As a student himself, he completed his undergraduate studies at the University of Oregon in 3 years as opposed to the traditional 4 and a Masters degree in 1 year while his counselors advised 2. He led a very successful professional career with the Royal Bank of Canada (RBC) Wealth Management Group and through his financial expertise has allowed the Northern California Scholarship Foundation (NCSF) to fund thousands of scholarships for well-deserving students and to remain fiscally solvent for many years to come.

He even managed to steer millions of donations from clients to our worthy cause, allowing the NCSF to continue to aid even more students. As a trustee for over 35 years, Mr. Cason has personally mentored all the current trustee and has held every position within the NCSF. Additionally, Mr. Cason have served as an advisor to over 100 students.

For these and a myriad of other reasons, the Trustees of the NCSF have unanimously approved a resolution to create the Dallas Cason Award for the senior who exhibits

the spirit of Dallas Cason: leadership and citizenship.

The criteria for the award is simple - the student who best exemplifies all that is treasured about Dallas Cason:

- High academic achievement
- Community service
- Involvement

Nominations

Trustees and applicable advisors will handle nominations for this award, and a special awards committee will be convened to decide the recipient.

Financial Aid Officer's Report

The amount of support we are able to provide is directly related to the donations that we receive each year, so please consider continuing to support our alumni

students each year. We are very proud of this year's recipients and look forward to more applications next year. If you are interested, please remember that the dead-

line is April 1st and applications will be available in February through our website: ncsfalumni.org.

Summary Of 2019-2020 Awards To Fifth Year And Graduate Students

Fifth Year Aid Recipients	Benjamin Recipients		Non-Benjamin Graduate Aid		
Kenton Goldsby Aimee Langston	Grace Bronken Shivany Condor Mariah Fairley Mursal Gardezi Jenny Huang	Charles "Luke" Lintott Brooke Meorado Amber Stober Courtney Tran Samantha Zepeda	Melissa Adams Rory O'Brien Nicole Burkholder Maximilian Cordeiro Myah Daniels Heidi Dittrich	Long Do Melanie Eiges Monet Fairley Madison Fesperman Christopher Giuffre Alfred Craig Keller	Stephanie Seitzer David Sussberg Ty Triplett Montana Upton Kendra Verga

Treasurer's Report

In 2018, we received \$5,618 in contributions. In 2019 to date, we have received \$3,425. Total scholarships distributed for the 2018-2019 academic year were \$8,000.

\$4,675.00 was distributed for the 2019-2020 academic year. In 2018, interest and dividend income totaled \$7,886. 2019 year-to-date (through November) investment

income is \$6,441. The value of the investment portfolio ended 2018 at \$238,405. As of November 30, 2019, the investment assets were valued at \$240,323.

Student Reflection—Amy Wise



I often think back to when my counselor called me into her office to inform me about a scholarship that could dramatically affect my opportunity to attend and succeed in college. I was a senior in high school with my entire future ahead of me; it was just as exciting as it was daunting. As an underrepresented student in STEM, I knew my goals of being the first person in my family to matriculate into medical school would be far from easy. When I ultimately received the letter that I was selected to be a recipient of the NCSF scholarship, it felt like an affirmation that my dreams could one day be turned into a reality. My soon to be advisor was able to present my scholarship at my school's award ceremony, where I learned I was the first person from my high school to ever receive such. Since then, a student from my high school has now received the award three out of the four years since I graduated! I entered UC Berkeley in Fall 2016 with a major in Neurobiology and a minor in Interdisciplinary Human Rights. My freshman year, I completed an independent research project on the effects of individualized music on Alzheimer's Disease as a potential non-pharmaceutical treatment option. My project took two years to complete and the results demonstrated a high correlation between specialized music and improvements in cognitive ability. I soon

learned of an on campus club, *Active for Alzheimer's*, that was looking to grow and create opportunities for students in neuroscience. I immediately reflected on my support from the NCSF scholarship and how it allowed me to have more flexibility in finding a job that could further my passion for neuroscience. I joined *Active For Alzheimer's* with the intention of organizing a scholarship that could connect undergraduate students interested in Alzheimer's research with faculty and labs on campus. Our club was able to fundraise over \$5,000 which was allocated into five research scholarships for dedicated undergraduate UC Berkeley students in neuroscience. My advisor was even able to attend and support the event when I presented the scholarships!

Thankfully since my advisor had attended UC Berkeley and lives nearby, he was able to meet with me at least once a semester to talk over coffee about my current academic and emotional wellness. I do not think my advisor even realized the true impact a two hour coffee conversation had on me as a developing student and member of a community. Each meeting, I was able to discuss where I was at the moment and where I hoped to be in the future. My advisor listened with open, encouraging ears and constantly inspired me with reminders of why I was chosen for this scholarship in the first place. I entered my university with bright eyes and big dreams.

But, as any student does, I faced challenges that went beyond navigating academics. Yet, the support I received from my advisor and the entirety of NCSF held me accountable to continue striving for my goals. To all the advisors and alumni reading this, know that this organization is truly cultivating the next generation of community leaders and thinkers! Remember that your support and engagement means more to us than you could imagine. To all the students that may get to read this, remember that this organization chose you. They did not choose you for your high school or college, they chose you for who you are and all

“...the results demonstrated a high correlation between specialized music and improvements in cognitive ability.”

the gifts you have to offer this world. They saw and continue to see potential in each of us, even if we sometimes do not see it in ourselves. As I prepare to graduate from UC Berkeley, I feel immensely grateful to be a part of NCSF family. Each year that I attended the NCSF Banquet I found comfort and strength in being surrounded by a group of individuals with not only similar backgrounds, but similar ideologies for creating a better world. It is invaluable to me and each of the students in NCSF, to have such a strong support system behind us as we embark on the journey of the world ahead of us.

Connecting Online

Scaife Alumni Contact Database

The Scaife Alumni Scholarship Association would like your updated contact information to keep you informed. Please go to: <http://tinyurl.com/scaife-db> to enter your contact information into our database. Please enter an email which you will retain after graduation from your college/university. Your email will be added into our mailing list (scaife-scholarship-alumni-association@googlegroups.com via Google Groups).

LinkedIn Group

Please also join our LinkedIn Group, by sending an email to admin@ncsfalumni.org and we will send you an invitation. Membership in the alumni group is by invitation only and is restricted to alumni.

We hope to grow the group so that we can all build our professional networks and share our stories. Once you are a member, please visit the discussion board and share what you are interested in and what you would like to see from the Alumni Association.

How You Can Help?

As is tradition in our household, before beginning Thanksgiving dinner, we went around the table and everyone shared what they were thankful for. Whether spoken by my five and eight year-old sons or my aunts in their 70's, the focus was on friends, family and the luxury of the time together to enjoy a festive meal. The Association wishes the same to all of you throughout the holiday season. We are especially grateful for our amazing alumni donors. Your funds allow us to supplement the awards given by the Northern California Scholarship Foundation. Year after year, the NCSF scholarship recipients are markedly intelligent and eager

to begin a new chapter in their lives. I had the honor of meeting some of this year's recipients at the San Luis Obispo banquet in September. As a past NCSF scholarship and Alumni Award recipient, I am personally grateful for the continued involvement in an organization that fosters the potential of such a worthy group of individuals.

If you are interested in contributing to the 2020-2021 fifth year and graduate scholarship awards, please send your tax deductible donations per IRS#94-6104364 in one of the following ways:

Mail

Scaife Scholarship Alumni Association, Inc.
c/o Alana Maxwell
2388 Callender Rd., Arroyo Grande, CA 93420

Online

[PayPal payments to admin@ncsfalumni.org](https://www.paypal.com/donate/?to=paypal@ncsfalumni.org)

Moving? Please update your contact info at www.ncsfalumni.org.



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We're on the Web!

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www.ncsfalumni.org